

LADIES ESSEX SQUASH LEAGUE AUTUMN 2010

SECRETARY : Liz Downing 48 Woolhampton Way Chigwell Essex IG7 4QJ tel 020 8500 4410 fax 020 8257 0392 email liz.downing@talk21.com

FORMAT AND RULES

- 1 There are scheduled matches for each week
- 2 All teams play everybody in their division both Home and Away
- 3 All divisions have 3 string teams
- 4 The first named team plays Home 1st half and Away 2nd half
- 5 It is suggested that home captains confirm the match 2/3 days beforehand
- 6 Matches to be played on dates specified unless both clubs agree to alter
- 7 Please try to play the match on the correct date even with 1 player short
- 8 1 point per game plus 3 bonus points to winning team
- 9 Home clubs to send results promptly after every match signed by both captains**
- 10 All results must be received by December 4th**
- 11 Every club should send a nominated list of players in order of merit before September 13**
- 12 If a club has more than one team the players for the top team(s) should be nominated
- 13 If a club has teams of equal strengths please contact secretary for rule details
- 14 A player may only play 'up' twice before she becomes attached to a higher team
- 15 A player may only play for 1 club in any league cycle
- 16 The secretary should be notified of any change in club nomination before the match
- 17 Please write 'rearrangement' on match card if applicable**

NB PLEASE NOTE THAT PAR RULES APPLY up to 15 and best of 5 games

FIXTURES

1st HALF				2nd HALF
W/C				W/C
Sep-13	BC	DE	FA	Oct-18
Sep-20	AB	CD	EF	Nov-01
Sep-27	CA	BE	DF	Nov-08
Oct-04	EC	AD	FB	Nov-15
Oct-11	DB	EA	CF	Nov-22

DIVISION 1

A REDBRIDGE 1	Jan Mc Call	020 8531 3523	TUE 7.15
B EPPING 1	Tracy Brown	07703010151m	THU 7.30
C CONNAUGHT 1	Tracey Needham	020 8279 0405h 07886443847m	TUE 7.30
D REDBRIDGE 2	Steph Withers	01708 723900	TUE 7.15
E WOODFORD WELLS 1	Alison Miller	07957645711m 01992 560088h	MON 7.10
F DRAGONS	Barbara Sanderson	01708 347367	SAT 11.30

DIVISION 2

A CONNAUGHT 2	Lyn Briggs	020 8529 4807h 07801340316m	TUE 7.30
B EPPING 2C	Carey Adams	020 8502 0741h 07905236969m	THU 7.30
C EPPING 2B	Pauline McIlwaine	01992 813587	THU 7.30
E EPPING 2A	Jan McEwen	01277 363188	THU 7.30
F REDBRIDGE 3	Lesley Yareham	01708 700956h 07905734978m	MON 7.15